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Exam 4: NUR253/ NUR 253 (New 2023/ 2024 Update) Concepts of Mental Health Nursing Exam Review| Guide with Questions and

QUESTION
_CNS Stimulant

Answer:
When a patient is withdrawing from a stimulant, the nurse may note: depression, paranoia, lethargy, anxiety, insomnia, nausea, vomiting, chills, and sweating.

QUESTION
_CNS Stimulant Treatment

Answer:
typically includes inpatient hospitalization, possible temporary use of valium or antipsychotics if needed, and therapy.

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QUESTION
_Alcohol

Answer:
- hypertensive and tachycardia
- tremors that can become seizures

QUESTION
_Alcohol withdrawal

Answer:
can be a medical emergency, as patients can die, even with treatment.

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- Individuals with a heavy and long term abuse of alcohol may experience Wernicke—Korsakoff syndrome. This is an encephalopathy that presents with signs such as altered gait, confusion, and ocular abnormalities.

Patients who abuse alcohol may also experience blackouts, withdrawal delirium, and withdrawal seizures.

QUESTION

Treatment for alcohol

Answer:

therapy and routine screening. Alcoholics Anonymous is a 12 step member led program that many individuals have found successful in the recovery process.

- Naltrexone (ReVia), Acamprosate (Campral), and Topiramate (Topamax).

- Each of these will reduce the alcohol cravings. These should be used in conjunction with outpatient or other counseling.

- Another medication is Disulfiram (Antabuse). This will cause the patient nausea and vomiting if alcohol is consumed. It works as a negative reinforcer.

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The nurse must teach the patient to be careful with all products that could contain alcohol such as: mouthwash, pure vanilla extract (or most pure extracts), and foods. This will continue for about two weeks after the patient stops taking the medication.

QUESTION

Anorexia

Answer:

Terrified of gaining weight, Eating too little/starvation, Less than expected body weight for height and health, Preoccupation with food, Can be life threatening

QUESTION

SXS of Anorexia

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